# Tallinn University School of Natural Sciences and Health

# Master's course in Art Therapies INTERNSHIP GUIDELINES

**KUR7121.LT** Creative Arts Therapy internship I (4 CPs)

**KUR7122.LT** Creative Arts Therapy internship II (6 CPs)

**KUR7123.LT Creative Arts Therapy internship III (6 CPs)** 

#### INTRODUCTION

Over the course of the Master's studies in art therapies at the School of Natural Sciences and Health of Tallinn University (hereinafter 'University'), a student shall complete four creative arts therapy internships in their specialist areas (visual arts therapy, music therapy or dance-movement therapy). Creative Arts Therapy internships I (KUR7121.LT), II (KUR7122.LT) and III (KUR7123.LT) (hereinafter 'Internship(s)') shall be completed at a health care institution, care institution or educational institution (hereinafter: 'Internship Site' or 'Institution'). Internship IV (KUR7124.LT) shall be completed at the University; within the framework of this Internship therapeutic sessions shall be carried out before a study group, with mutual observational learning and analysis of the application of professional creative arts therapeutic skills.

These guidelines address the internships completed at an Internship Site. Internships present students with an opportunity to apply their knowledge and skills in the working environment of a creative arts therapist. When choosing an Internship Site, it should be taken into account that the site allows the performance of clinical customer work based on the intervention levels of creative therapy (diagnostic, psychotherapeutic, functional, recreational, palliative). Over the course of the Master's studies, Internships need to be completed on at least two Internship Sites and with two arts therapy target groups.

The student shall be supervised throughout the internship by:

- lecturer responsible for the speciality Art Therapies (hereinafter 'University Supervisor') in issues related to the speciality;
- supervisor from the Internship Site in issues related to the Institution and customers;
- study counsellor and specialist in the area of internships in the speciality of art therapies (hereinafter 'Internship Coordinator') in issues related to the documents and organisation of the internship.

Internship in the speciality shall be mandatory. Over the course of the internship, all documents regulating and guiding internships in the speciality of art therapies shall be adhered to (including the professional standard of a creative arts therapist (Creative arts therapist, level 7; http://www.kutsekoda.ee/et/kutseregister/kutsestandardid/10543799) and the code of conduct of

the Association of Estonian Creative Arts Therapists (<a href="http://www.loovteraapiad.ee/eetikakoodeks.html">http://www.loovteraapiad.ee/eetikakoodeks.html</a>) as well as the relevant documents of the Internship Site.

Covision groups – a fixed group in the process of completing Master's studies with 3–5 graduates from the same study group participating – shall be formed to reflect on their learning experience, practice the methods and techniques of creative arts therapy, discuss internship incidents and theoretical questions, receive personal support to cope with studies. At least four covision group meetings shall be accommodated in one semester. The covision group aims to support the improvement of practical skills in and theoretical knowledge of creative arts therapy as well as personal development as a therapist.

# 1. OBJECTIVES OF THE INTERNSHIP

The overall objectives of the internship shall be to create opportunities to:

- garner theoretical knowledge acquired during studies;
- independently apply the methods and techniques of the specialised area to the work with customers;
- develop a personal creative arts therapeutic work style in practical work with customers;
- acquire in-depth knowledge about the target group of the internship through supervision and independent examination of specialist literature.

Over the course of the internship, the student shall, based on his or her specialised area, be introduced to the possibilities of applying visual arts therapy, music therapy or dance-movement therapy on the Internship Site. Based on the overall objective of the internship and practical experience, the student shall set personal learning objectives and plan actions to achieve them.

#### **VOLUME AND ORGANISATION OF THE INTERNSHIP**

**Creative Arts Therapy internship I (KUR7121.LT)** 

The volume of the internship shall be 4 CPs, which covers familiarisation with the Internship Site, 40 academic hours of supervised work with customers on the Internship Site (of which 10 hours may consist of the observation of creative arts sessions and 10 hours – sessions carried out as an assistant to a professional creative arts therapist); 24 hours of group supervision at the University; preparation, documentation and analysis of therapeutic sessions; examination of specialist literature; preparation of the internship report.

Creative Arts Therapy internship II (KUR7122.LT) and Creative Arts Therapy internship III (KUR7123.LT)

The volume of the internship shall be 6 CPs, which covers familiarisation with the Internship Site, 70 academic hours of supervised work with customers at the Institution (of which 10 hours may consist of the observation of creative arts sessions and 20 hours – sessions carried out as an assistant to a professional creative arts therapist); 24 hours of group supervision at the University; preparation, documentation and analysis of therapeutic sessions; examination of specialist literature; participation in the Internship Site team and meetings; preparation of the internship report.

Therapeutic sessions carried out with individual customers, groups, families, and couples shall be taken into account within the framework of **internships I, II and III**. Internship hours shall cover both individual and group work with customers. Based on the target group (e.g., an elderly individual with dementia, a special needs child), two interns may jointly carry out sessions of customer work, taking care that each of them can equally be in the role of a therapist and an assistant.

The student shall acquire the following skills in the course of internships:

- skills to apply the methods and techniques of creative arts therapy to promote the health of customers;
- skills to plan, carry out, document and analyse therapeutic processes;
- skills to present therapy cases;
- skills to work as a creative arts therapist in a medical team;
- skills to introduce creative arts therapy to other specialists of the Internship Site;

- skills to use group potential for supervision.

Internships shall be governed by internship agreements (see clause 4).

Before the commencement of the internship, the student shall prepare the internship plan together with the Internship Site supervisor (see clause 4 and Annex 1) and finalise the internship agreement (see clause 4).

Internships shall end with a preliminary examination. The preliminary examination shall be based on the fulfilment of the internship agreement (see clause 4), internship report (see clause 5) and related documentation. The preliminary examination shall be defended by a public presentation in the supervision group (see clause 6).

# Activities to be performed to complete internships I, II and III

• Selection and approval of the Internship Site. The Internship shall be selected by the student in consultations with the University internship supervisor (lecturer of the specialised area) and internship coordinator.

The student shall notify the internship coordinator about the desired placement, for internship I, at the latest by the **15th day** of the first month of the semester and, for internships II and III, at the latest by the **5th day** of the first month of the semester.

The internship coordinator shall carry out preliminary negotiations with Internship Sites (notification of the Internship Site about the wish of the student to complete an internship at the Institution, agreement with the Internship Site supervisor/supervision, number of students completing internships at the same Institution) and finalise internship agreements.

Only those students that have entered into a tripartite internship agreement can start an internship.

The School of Natural Sciences and Health may dictate the selection of Internship Sites based on the implementation and research areas of arts therapies developed and the learning outcomes of the student as well as the track record of internships.

• Entry into the internship agreement. The Internship Agreement (hereinafter also referred to as 'Agreement') shall be a document addressing the details of carrying out an internship (see also clause 4). The Agreement shall be entered into by and between the Internship Site, University and the student before prior to the internship within the first month of the semester.

The Agreement shall be signed digitally. In the case of a digital signature, the internship coordinator shall forward the Agreement electronically to all signatories.

Where digital signing is not possible, the Agreement shall be signed on a hard copy. In such a case, the student shall receive the Agreement from the internship coordinator signed by the University in three copies, sign the Agreement and have the contact person of the Internship Site sign the Agreement. One copy of the signed Agreement shall remain with the student, one with the contact person of the Internship Site, and one copy shall be returned by the student to the internship coordinator.

- Carrying out the internship. The student shall carry out the internship pursuant to the Internship Agreement: before the commencement of the internship, the student shall prepare the internship plan together with the Internship Site supervisor (Annex 1), during the internship shall consistently document the internship, discuss the course of the internship with the Institution supervisor and cooperate with other specialists of the Institution, participate in University supervision, and prepare the internship report (details in clause 5 of these Guidelines). If so requested by the Internship Site, the student shall enter into an agreement to use artistic work to perform work with customers and obtain consent from the customer and/or parent/guardian (see Annex 7: Agreement on the use of artistic work; Annex 8: Customer's consent; Annex 9: Parent's/Guardian's consent). Such consent shall also be obtained in cases where the student wishes to record/capture work with customers and use such material publicly, e.g., in a conference presentation or a publication.
- **Feedback from the Internship Site.** After the completion of the internship by the student, the Internship Site supervisor shall fill out the feedback questionnaire forwarded to him or here before the internship together with the Internship Agreement, discuss the feedback with the intern and submit it electronically to the internship coordinator (see

- Annex 2). The feedback questionnaire can be downloaded as a file via <a href="http://www.tlu.ee/lti">http://www.tlu.ee/lti</a> under the internship subsection.
- Submission of the internship report and documents reflecting the completion of the internship. Upon completion of the internship, the student shall prepare the internship report according to the guidelines (see clause 5) and submit the report, including the journal on the work with customers (see Annex 3), to the Internship Site supervisor for approval. Where possible, the student shall present his or her report to the Internship Site. In order to get credits for the preliminary examination, the student shall submit the internship report and supervision journal (see Annex 4), covision group (a fixed group in the process of completing the Master's studies with 3–5 graduates from the same study group participating) journal (see Annex 5), and the feedback form from the Internship Site supervisor to the University supervisor by the agreed deadline.
- The internship shall be credited if the following conditions are met:
  - o before the commencement of the internship, the student has submitted the signed tripartite Internship Agreement to the internship coordinator together with the internship plan (see clause 4);
  - o after the end of the internship, the student has submitted the internship report signed by the Internship Site supervisor, supervision journal, and covision journals to the University internship supervisor;
  - o the School has received (electronically to the internship coordinator and as an annex to the internship report to the University supervisor) the signed feedback questionnaire (see Annex 2) from the Internship Site supervisor, in which the internship has been graded minimally as "sufficient";
  - the student has actively participated in University group supervision (participation rate 90%, presented his or her work with customers to the supervision group, examined specialist literature dealing with the target group of the internship);
  - after the internship, the student has delivered a presentation on his or her internship in the supervision group and has peer-reviewed the internship report of a course mate;

 the University internship supervisor has graded the student's internship minimally as "satisfactory".

If the above conditions have been met, the University internship supervisor shall make an entry on the passing of the internship in the credits record.

The University internship supervisor shall forward the student's internship report and its annexes (covision journal and supervision journal signed by the supervisor) to the internship coordinator.

#### 3. INTERNSHIP SITE SUPERVISOR

The Internship Site supervisor shall help the student to become familiarised with the goals, key activities and internal rules of the Internship Site as well as the possibilities to carry out internship and relevant documents (e.g., statutes, internal procedure rules, operations procedure, human resources policies, code of conduct, and management rules of the Institution) before the commencement of the internship. Internship Site supervisor shall:

- support the student during the substantive preparation of the internship and preparation of the internship plan (see clause 4);
- create opportunities to perform internship duties and keep abreast of the student's activities during the internship;
- provide the student with opportunities to act independently;
- involve the student in team work;
- advise and consult in issues related to the internship;
- sign the student's journal on work with customers and discusses the internship report with the student;
- fill out, after the end of the internship, the internship feedback questionnaire on computer and e-mail the complete copy to the internship coordinator (find the contacts in clause 7 of these guidelines). The feedback questionnaire form is available in Annex 2. The feedback questionnaire can be downloaded as a file via <a href="http://www.tlu.ee/lti">http://www.tlu.ee/lti</a> under the internship subsection. If necessary, the internship coordinator shall e-mail the feedback questionnaire to the Internship Site supervisor.

Any **questions**, **opinions regarding the internship** should be sent directly to the study counsellor and specialist in the area of internships in the speciality of art therapies of the School of Natural Sciences and Health (find the contacts in clause 7 of these guidelines)

#### 4. INTERNSHIP AGREEMENT

The Internship Agreement shall be a document addressing the details of carrying out an internship comprised of three parts:

- main part of the Agreement;
- Annex 1 to the Agreement: individual internship plan;
- Annex 2 to the Agreement: these Internship Guidelines.

The Agreement shall be entered into by and between the Internship Site, University and student. To initiate the process of entering into the Agreement, the student shall e-mail the following data to the internship coordinator (find the contacts in clause 7 of these guidelines):

- his or her name, personal identification code, telephone number and postal address:
- name and address of the Internship Site (the selected Internship Site shall have prior approval from the University internship supervisor);
- dates of commencing and ending the internship.

Next, the student shall receive the main part of the Agreement from the internship coordinator, signed digitally by the University. Then the student shall prepare, in conjunction with the Internship Site supervisor, an **individual internship plan** (hereinafter 'Internship Plan'). The Internship Plan shall be prepared based on the learning objectives of the student and the possibilities of the Internship Site. The Internship Plan shall set forth: goals of the internship, topics and activities of the internship, and the time schedule of the internship (see Annex 1).

Both the Internship Plan and the Internship Agreement shall be signed digitally by the Internship Site supervisor and the student. If there is no possibility of digital signing, the student shall have the Internship Site supervisor sign the three copies of the Internship Plan and add them to the three copies of the main text of the Agreement. The student shall sign all three copies of the Internship Agreement and obtain the signatures of the representative of the Institution. The student shall return one copy of the Agreement (main part plus the Internship Plan) to the

internship coordinator. The student shall also submit the Internship Plan to the University supervisor during a supervision exercise.

The signed Agreement shall be returned to the internship coordinator within the first month of the semester. The internship coordinator shall then send the feedback questionnaire to the Internship Site supervisor. **Important!** Work with customers can be commenced on the Internship Site as from the date the Internship Agreement is drawn up. Any hours worked with customers before the date when the Internship Agreement is drawn up shall not be considered for the purposes of the internship volume.

#### 5. INTERNSHIP REPORT

During the internship, the intern shall fill out the journal on work with customers (Annex 3) and supervision journal (Annex 4) and participate in the covision group (3–5 course mates) whose meetings shall be documented in the covision journal (Annex 5) The intern shall prepare the Internship Report regarding the internship. For internship III, the Internship Report shall contain a case study as a separate part. Guidance on the format of the case study can be found in Annex 6. The properly finalised Internship Report shall be submitted for review to the University supervisor before the internship is defended.

**Substantive requirements for the Internship Report.** It is recommended to thoroughly document all duties that have been performed as this will make it easier to prepare the Internship Report after the internship has been completed. If the internship is carried out in several institutions, a separate report shall be submitted for each Institution.

**Ethical requirements for the Internship Report.** When presenting work with customers, they must not be identifiable by name or description. Care must be taken so that the facts presented and the style of presentation does not harm the individuals concerned.

**Format requirements for the Internship Report.** The Internship Report begins with a title page and is comprised of the following parts:

• Introduction of the Internship Site, providing for (a) a short description of the Internship Site (working and healthcare environment in the Institution; possibilities to

carry out art therapies and previous experience of the Institution in this regard; role of art therapies in the work process of the staff and potential customers/patients for art therapies), and (b) activities through which the Internship Site was studied (participation in team work, meetings, familiarisation with documents, etc.). Length: 2 pages (font Times New Roman, character size 12, line spacing 1.5).

- Summary of the work with customers, describing the student's therapeutic principles proceeding from the theoretical bases of the application of the specialisation area of creative arts therapy and the current research outcome for the given target group; examples shall be given (one case may be described) from the internship and the students' activities and learning experience on the Internship Site and in supervision shall be analysed. Length without references: 3 pages (font Times New Roman, character size 12, line spacing 1.5). For internship III, this part shall be tied to a case study (see general format requirements in Annex 6).
- **Journal on work with customers** (Annex 3) where, in the form of a table, short descriptions of customer works sessions shall be presented (font Times New Roman, character size 10, line spacing 1.0). The student shall obtain the Internship Site's supervisor's signature on the journal on work with customers that verifies the performance of work with customers.
- Supervision journal (Annex 4) where, in the form of a table, supervision classes with a short description of topics and learning experiences shall be provided. The student shall obtain the signature of the University supervisor on the supervision journal to confirm that the student participated in supervision. Participation in supervision classes shall be mandatory.
- Covision journal (Annex 5) where, in the form of a table, summaries of meetings of a small group (a fixed small group with 3–5 course mates participating, at least four meetings per semester shall be provided.

In formalising the Internship Report, the guidance on preparing master's theses in the speciality of art therapies, available on the website of the School of Natural Sciences and Health, shall be followed.

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6. INTERNSHIP DEFENCE

Internships shall be completed with an open defence in the internship group where the intern

shall make a summary of his or her internship and, in the case of Internship III, present a case

study. The properly finalised Internship Report shall be submitted for review to the University

supervisor before the internship is defended.

In order to defend the internship, the student shall prepare a 15 minute presentation. It is

recommended to use the means offered by visual media and other visual aids to illustrate the

presentation. Before defending the internship, it is advisable to have the Internship Report peer

reviewed by members of the supervision group.

7. NOTES

If any proposals, problems or questions emerge in connection with the internship, the internship

coordinator of the speciality of art therapies is to be contacted.

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# **ANNEX 1 (Sample Internship Plan)**

# Individual Internship Plan

First name and surname of the student:				
Internship Site:				
<b>Period of internship:</b> ( <i>DD.MM.YYYY</i> ) –				
(DD.MM.YYYY)				
Supervisor (name, position, contact):				

Purpose	Topic	Activities	Time
To familiarise oneself with the working and medical environment and clarify the possibilities of carrying out art therapies	To gain an insight into the institutions that form the Internship Base	Familiarisation with the organisation of work at the Internship Site (incl. relevant documentation) – specify the documents to be examined, internship related meetings. Describe how the possibilities to apply art therapies are introduced and relevant experience of the Institution	February
To get to know the work processes of the staff To get to know potential customers/patients	Familiarisation with team work and possibilities	Name the possibilities of observing the work processes, work related conversations, participating in meetings, etc.	February
To gain in-depth knowledge of and experience with the specific target group	Definition of the target group of the internship	Based on the knowledge, skills and interests of the intern, the target group of the internship shall be specified together with the Internship supervisor (specify). Examination of literature based on the target group (give some reference to key sources)	February
To apply methods and techniques of musical therapy / visual arts therapy / dancemovement in a small group	Group work	Specify the activities to select customers together with the Internship Site supervisor, planned size of the group Activities to prepare, carry out, document therapeutic sessions	February–April
To carry out a longer therapeutic process	Individual work	Selection of the customer/customers together with the Internship Site supervisor Specify the activities to prepare sessions, carry out, document therapy	March–June

To organise an open studio	Group work	Specify the activities to develop a studio atmosphere, prepare an introduction, carry out studio work	April–May
Intern (signature and date	?):		
Supervisor	(signature	and	date):

Name of student: .....

Customer feedback to the intern's work

General assessment

8.9.

10.

# **ANNEX 2 (Questionnaire on internship feedback)**

# School of Natural Sciences and Health Questionnaire on feedback from the internship of a student of the speciality arts therapies

(to be completed by the supervisor of the internship)

Intern	ship supervisor, institution	
	Evaluation criterion	Explanation
1.	Creation and maintenance of a therapeutic relationship	
2.	Assessment of the customer's condition	
3.	Determination of the goals and intervention level of therapy, planning of intervention	
4.	Proficiency in methods and techniques of intervention in creative arts therapy	
5.	Analysis of the therapeutic process and assessment of its result	
6.	Theoretical knowledge based on the target group of creative arts therapy	
7.	Cooperation and communication with colleagues	

<sup>\*</sup> Assessment is based on differentiated evaluation. For the purposes of differentiated evaluation, the level of achievement of the learning outcomes of students is evaluated on the basis of the following scale:

<sup>1)</sup> A (excellent) – outstanding and particularly broad level of achievement of learning outcomes, characterised by free and creative utilisation of knowledge and skills surpassing a very good level;

- 2) B (very good) very good level of achievement of learning outcomes, characterised by targeted and creative utilisation of knowledge and skills. There may be errors, not substantive and not principle by their nature, as regards more specific and detailed knowledge and skills;
- 3) C (good) good level of achievement of learning outcomes, characterised by targeted and creative utilisation of knowledge and skills. Uncertainty and imprecision is expressed in relation to more specific and detailed knowledge and skills;
- 4) D (satisfactory) adequate level of achievement of learning outcomes, characterised by utilisation of knowledge and skills in typical situations; in exceptional situations shortcomings and uncertainty is expressed;
- 5) D (satisfactory) achievement of more important learning outcomes at a minimal permissible level, characterised by limited utilisation of knowledge and skills in typical situations; in exceptional situations significant shortcomings and uncertainty is expressed;
- 6) F (unsatisfactory) the student has acquired knowledge and skills at a lower than minimal level.

/	
Internship Site supervisor (signature, name)	Date (DD.MM.YYYY)

Thank you for your cooperation!

# JOURNAL ON WORK WITH CUSTOMERS

TA T	C .	1 .
Name	ot eti	ident

Name of Internship Site:

Name of Internship Site supervisor:

Total hours: .....academic hrs

Date .....

Date, time, duration (academic hrs)	I/G/P/S*	Name indication	Condition, general objective	Session objective, intervention level	Method, technique	Outcome

Signature of Internship Site supervisor

individual custor	mers academic hrs
group	academic hrs
pair or family we	ork academic hrs
open studio	academic hrs

<sup>\*</sup> I=Individual customer/ G=Group work/ P=Pair or family work/ S=Open studio

LISA 4 (Supervision journal)

SUPERVIS	SION JOURN	NAL	
Name of stu	ıdent:		
Name of sup	pervisor (Univ	versity supervisor	):
Date, time	Duration (academic hrs)	Participation yes/no	Topic and learning experience
Total hours	s:ac	cademic hrs	
Date		Signa	nture of supervisor (University supervisor)

# **ANNEX 5 (Covision group journal)**

COVISIO	N GROUP JO	OURNAL	
Name of stu	ıdent:		
Members o	f the covision	group:	
Date, time	Duration (academic hrs)	Participants	Topics and learning experience
	1		

Total hours: .....academic hrs

ANNEX 6 (Case study)

# Structure of a case study on art therapies

One customer/group/family/pair (hereinafter 'Customer') shall be selected from the internship completed at the institution for the purposes of a case study on the work with customers. A title characterising the case may be given to the case study.

#### Customer details

- Age, gender.
- Cause of referral/appointment, problem, condition.
- Strengths of the Customer that facilitate coping with the situation.
- Need for and appropriateness of art therapeutic intervention.
- Background details: how long the problem or condition has persisted; previous treatment and exposure to arts and art therapies; other concurrent interventions, such as treatment with drugs, psychological counselling, physiotherapy; other relevant information.

# Objectives of therapy

- General treatment objectives; objectives of the customer, his or her expectations regarding art therapy together with explanations as to how they were defined.
- Where relevant and depending on the customer/situation, expectations of persons connected with the customer regarding art therapy.

Theoretical background and the evidence base of the approach

- Principles of the creative arts therapy approach based on the specialisation area applicable to the customer's target group (references).
- Research outcomes related to the customer's target group (references).

Short description and analysis of the therapeutic process based on temporal and substantive logic that provides an overview of:

- therapeutic environment (place, tools);
- creation and dynamics of the therapeutic relationship over the course of therapy; functioning of the triangular relationship (therapist customer creation);
- objective-based intervention level(s), duration of therapy, number of appointments (planned and actual) together with explanations;
- methods and techniques of intervention applied together with reasoning (references, if possible);
- dynamics of the therapeutic process;
- changes in the customer's condition together with a description of the assessment methods applied in the therapeutic process (references, if possible);
- therapeutic outcomes.

# Assessment of therapeutic outcomes

- Compatibility of the outcome with the objective set. What helped achieve the outcome? Which factors outside the process might have affected the outcome? If the expected changes did not materialise, explain what the reason is/may be and what its meaning in the context of the case is.
- Ethical aspects of therapy. If there were ethical dilemmas, how were they solved?

## Critical self-assessment based on the case described:

- experiences of success
- experiences of learning
- development tasks

# Appendices

• Documents, images and the like, essential to understanding the workings of the case, may be attached to the paper.

The length of the case study shall be 10 pages (without the title page and appendices). In formalising the case study and references, please proceed from the guidance on the format of the Master's theses (available on the homepage of the School of Natural Sciences and Health).

Cases shall be addressed and the preparation of the case study shall be supervised in supervision classes.

# ANNEX 7 (Agreement on the use of artistic work)

# Agreement on the use of artistic work

I hereby authorise the use of artistic w	orks completed during my therapy for the
following purposes:	
training	
publications	
research	
exhibitions	
My confidentiality shall be maintained disclosed.	I when using my works. My name shall not be
Author of artistic works	User of artistic works
Name	Name
signature	signature
Date	

**ANNEX 8 (Customer's consent)** 

# Agreement on participation in creative arts therapy and the use of creative works

I am requesting your participation in the internship on art therapies. I will submit a written internship report on the outcomes of the internship to the School of Natural Sciences and Health of Tallinn University in which your name will be changed and details will be provided in such a fashion that you cannot be identified on their basis.

I agree to the recording of the internship process for learning purposes (if you agree, write

# Consent of the participant in the internship

Participant in the internship:

Name .....

Signature .....

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Date .....

# **ANNEX 9 (Parent's/Guardian's consent)**

# Dear parent/guardian,

Name .....

This is to request your permission to carry out internship in the speciality of art therapies with your son/daughter/ward. I will submit a written internship report on the outcomes of the internship to the School of Natural Sciences and Health of Tallinn University in which the name of your son/daughter/ward will be changed and details will be provided in such a fashion that your son/daughter/ward cannot be identified on their basis.

Parent's/Guardian's consent				
I allow my son/daughter/ward (insert name) to participate in the internship on art therapies.				
I agree to the recording of the internship process for learning purposes (if you agree, write "Yes" on the dotted line):				
Analysis of the process of photographing activities/artistic works; Use of images in the internship report and presentation of the report at the School o Natural Sciences and Health;				
Audio recording of sessions for process analysis; Use of audio recordings in the internship report and presentation of the report at the School of Natural Sciences and Health;				
Video recording of sessions for process analysis; Use of video recordings in the internship report and presentation of the report at the School of Natural Sciences and Health.				
Person carrying out the internship:				
Master's studies in art therapies at the School of Natural Sciences and Health of Tallinn University				
Master's student Signature				
Date				
Parent/Guardian:				

Signature .....

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Date .....