

Composition

Summary

In the learning unit, 5th grade pupils (11-12 y/o) explored word composition through music, art, and dance, creating a sound painting and movement study based on Arvo Pärt's "Spiegel im Spiegel" ("Mirror in the Mirror") and drawing a picture of a chameleon. The pupils experienced how different parts can be combined to form a coherent whole in these creative arts and explored what this whole consists of. The learning unit explored how sound, color, and movement can express the same mood together.

Tools and materials

- "Stories from the Land of Music. Grade 5 Music Textbook" by Maia Muldma and Kadi Härma, pp. 84–99, chapter "What Does Music Consist Of?"
- Arvo Pärt's musical piece [Spiegel im Spiegel](#)
- Rhythm instruments (e.g., triangle, claves, maracas, cabasa, etc.)
- Oil pastels, paper, watercolors, brushes

Integrated subjects

Music, art, and movement

Duration of the activity and distribution between contact lessons

1st contact lesson	2nd contact lesson	3rd contact lesson
Music lesson, 40 minutes What does music consist of? Melody, rhythm, tone, harmony, dynamics, tempo, and timbre. Introduction to each	Art lesson, 40 minutes What kind of reptile is a chameleon? What makes it special? Camouflage. Where else is camouflage used? Presentation,	Music lesson, 40 minutes Listening to and analyzing music: Spiegel im Spiegel by Arvo Pärt. What feelings did the music you listened to evoke in you? If you had to

<p>component, listening to music, and discussion. Followed by a discussion – what is composition and how does music form a whole? Analyzing a song as an example.</p>	<p>pictures, information. Think about where you will place the chameleon in your picture. Drawing and coloring a chameleon with oil pastels.</p>	<p>draw a picture based on it, how would you depict it? But now, instead of paper and brushes, you have instruments, and you will draw a picture from sounds as a part of group work. We will listen to each other's works and discuss whether understanding the components of music helped them create a better sound painting.</p>
4th contact lesson	5th contact lesson	6th contact lesson
<p>Art lesson, 40 minutes Background design, jungle, rainforest, large leaves and flowers. What kind of environment is a jungle, what kind of environment is a rainforest?</p>	<p>Music lesson, 40. minutit Recall what composition is and what music consists of. Let's listen again to an excerpt from Arvo Pärt's music "Spiegel im Spiegel". Please create a short dance composition as a group work: beginning, middle, and end. Make sure that your dance is a whole. Watch each other's dance compositions. Discussion: What does composition mean to you now? How do you relate it to art class and music?</p>	<p>Art lesson, 40 minutes Continue working, creating the background with pastels and watercolors. Keep in mind the chameleon's camouflage, blending into its surroundings and the vegetation growing there. Finish the work. Create the chameleon's background with watercolors using the melting technique. Use salt if needed.</p>

Stages of the learning scenario:

1. Introduction (warm-up, context):

The components of music – what music consists of. When we combine these components, we get a composition, or a whole. Composition is also important in art class when drawing a picture or in movement class when creating a dance.

2. Research or creative task (problem setting):

Can we combine music and movement into a single composition, just like a painting? What would it look like if it were depicted in sounds or expressed with the body?

3. Activities (learning activities, work forms):

Listening to music "Spiegel im Spiegel" by Arvo Pärt. Music textbook for 5th grade – what music consists of. Group work – sounds in a painting and dance composition to music heard previously. Drawing a chameleon in art class – think through the composition so that the picture forms a whole.

4. Creative output (presentation, sharing):

The pupils worked in groups to create a painting based on the sounds of Arvo Pärt's music "Spiegel im Spiegel" and a movement composition based on the same music. Discussion and student feedback on the work done. In art class, the pupils drew a chameleon in its natural habitat.

5. Reflection and creating meaning:

Conversation with pupils after each activity and written feedback from pupils at the end of the integration.

Model of Integrated Learning and Teaching of Creative Subjects elements in use:

- ☐ Concept
- ☐ Narrative
- ☒ **Rhythm**

- ✓ **Composition**
- ✓ **Collaboration**
- ✓ **Reflection**
- ☐ Personal meaning
- ✓ **Creative self-expression**
- ☐ Learner agency

Work results:

- 1) [Sound painting](#) (YouTube)
- 2) [Movement exercise](#) (YouTube)



